

May 2024

Uniondale Middle School Lunch

Limited Time Offering:

**Tropical Chicken
Bowl**


5/13-5/17



Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:



Meat/Meat Alternative
Bread/Grain
Fruit (includes Fruit Juice)
Vegetable
Low Fat or Fat Free Milk Choice
(Antibiotic and Hormone Free)


****One of the Choices MUST be a Fruit or Vegetable! ****

 Indicates Fresh Produce

 Indicates Items
Prepared from Scratch or
Speedy Scratch




1
 Cheese Quesadilla
or
 Beef & Cheese
Quesadilla

Pinto Beans
 Grape Tomatoes
 Fresh Apple




2
Nachos
Beef Taco Meat with
Baked Tortilla Chips,
Cheddar Cheese, and
Shredded Lettuce
Seasoned Corn
Black Beans
 Orange Wedges


3
BBQ Burger
Beef Patty topped with
Sliced American and BBQ
Sauce on a WG Bun
Shoestring "Fries"
 Roasted Broccoli
 Fresh Pears


6
Beef Totchos
Potato Tots served with
Beef Taco Meat, Cheese
Sauce and Tortilla Chips
 Steamed Broccoli
 Celery Sticks
 Orange Wedges




7
WG Mozzarella Sticks
Marinara Sauce
 Baby Carrots
 Roasted
Cauliflower
 Fresh Pear

8
 Oven Roasted BBQ
Chicken
WG Dinner Roll
 Cut Corn
 Green Pepper Strips
Applesauce

9
Pizza Crunchers
 Cherry Tomatoes
 Cucumber Slices
 Fresh Apple

10
 WG Grilled Cheese
(Plain, with Tomato or with
Bacon)

Sweet Potato "Fries"
Chickpea Salad
 Watermelon Cubes

13
Crispy Chicken Sandwich
on a WG Bun with Pickles
and Ranch Dressing
 Grape Tomatoes
 Cut Corn
 Apple Slices

14
 Homemade Macaroni &
Cheese
 Roasted Broccoli
 Baby Carrots
Strawberry Cups

15
No School




**Secondary
Students**

16
Cheese Stuffed WG
Breadsticks with Marinara
Sauce
 Chickpea Salad
 Cucumbers
 Fresh Grapes


17
Chipotle Ranch Burger
Beef Patty topped with
Chipotle Ranch Sauce on a
WG Bun


Baked French "Fries"
 Celery Sticks
 Orange Wedges



20
Boneless Chicken Wings
served with:
Honey BBQ Sauce,
Buffalo Sauce or Teriyaki
Glaze
Dinner Roll
 Grape Tomatoes
Baked Sweet Potato "Fries"
 Apple Slices

21
Brunch for Lunch
WG Dutch Waffle w/ Syrup
Turkey Sausage
String Cheese
 Cucumber Slices
 Baby Carrots
 Cantaloupe Cubes

22
Nachos
Beef Taco Meat with
Baked Tortilla Chips,
Cheddar Cheese, and
Shredded Lettuce


Seasoned Corn
Black Beans
 Fresh Pear




23
 Oven Roasted
BBQ Chicken
WG Dinner Roll



 Homemade Coleslaw
 Green Pepper Strips
Applesauce

24
**Schools
Closed**




27
**Memorial Day
Schools Closed**

28
 Homemade Baked
Ziti
 Roasted Broccoli
 Baby Carrots
 Orange Wedges

29
WG Mozzarella Sticks
Marinara Sauce
 Baby Carrots
 Roasted
Cauliflower
 Grapes

30
General Tso Chicken
WG Rice
 Steamed Broccoli
 Grape Tomatoes

Strawberry Cup

31
Pizza Crunchers
 Cherry Tomatoes
 Cucumber Slices
 Fresh Apple

Daily Lunch Offerings:

Corner Crust Pizza: Cheese, Pepperoni & Specialty Pizza

Green Street Deli: Boar's Head Deli Meats, Assorted Cheeses, WG Rolls, Wraps & Breads

Yogurt: All Natural Yogurt with Granola & Fruit or Homemade Smoothies

Grill: Regular and Spicy Chicken Patty Sandwiches, Hamburgers & Cheeseburgers, Chicken Tenders

Grab N Go: Assorted Boar's Head Deli Sandwiches, Cheese Sandwiches, Sun Nut Butter & Jelly Sandwiches and Egg Chef Salad or Caesar Salad with WG Dinner Roll,

Bagel with String Cheese and Cream Cheese or Butter

Fresh Fruit and 100% Fruit Juice

Milk: 1% White, Fat Free White, Fat Free Chocolate (All Antibiotic and Hormone Free)