

May 2024

Uniondale High School Lunch

Limited Time Offering:


**Tropical Chicken
Bowl**


5/13-5/17





Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:




Meat/Meat Alternative
Bread/Grain
Fruit (includes Fruit Juice)
Vegetable
Low Fat or Fat Free Milk Choice
(Antibiotic and Hormone Free)

****One of the Choices MUST be a Fruit or Vegetable! ****

 Indicates Fresh Produce




 Indicates Items Prepared from Scratch or Speed Scratch




1
 Cheese Quesadilla or
 Beef & Cheese Quesadilla
Pinto Beans
 Grape Tomatoes
 Fresh Apple




2
Brunch for Lunch
WG French Toast Sticks w/ Syrup
Turkey Sausage String Cheese
 Cucumber Slices
 Cut Corn
 Orange Wedges



3
BBQ Burger
Beef Patty topped with Sliced American and BBQ Sauce on a WG Bun
Shoestring "Fries"
 Roasted Broccoli
 Fresh Pears




6
Beef Totchos
Potato Tots served with Beef Taco Meat, Cheese Sauce and Tortilla Chips
 Steamed Broccoli
 Celery Sticks
 Orange Wedges

7
WG Mozzarella Sticks
Marinara Sauce
 Baby Carrots
 Roasted Cauliflower
 Fresh Pear

8
 Oven Roasted BBQ Chicken
WG Dinner Roll
 Cut Corn
 Green Pepper Strips
Applesauce



9
Pizza Crunchers
 Cherry Tomatoes
 Cucumber Slices
 Fresh Apple

10
 WG Grilled Cheese (Plain, with Tomato or with Bacon)
Sweet Potato "Fries"
Chickpea Salad
 Watermelon Cubes

13
Crispy Chicken Sandwich on a WG Bun with Pickles and Ranch Dressing
 Grape Tomatoes
 Cut Corn
 Apple Slices

14
 Homemade Macaroni & Cheese
 Roasted Broccoli
 Baby Carrots
Strawberry Cups

15
**No School
Secondary
Students**



16
Cheese Stuffed WG Breadsticks with Marinara Sauce
 Chickpea Salad
 Cucumbers
 Fresh Grapes

17
Chipotle Ranch Burger
Beef Patty topped with Chipotle Ranch Sauce on a WG Bun
Baked French "Fries"
 Celery Sticks
 Orange Wedges

20
Boneless Chicken Wings served with:
Honey BBQ Sauce, Buffalo Sauce or Teriyaki Glaze
Dinner Roll
 Grape Tomatoes
Baked Sweet Potato "Fries"
 Apple Slices

21
Brunch for Lunch
WG Dutch Waffle w/ Syrup
Turkey Sausage String Cheese
 Cucumber Slices
 Baby Carrots
 Cantaloupe Cubes




22
Nachos
Beef Taco Meat with Baked Tortilla Chips, Cheddar Cheese, and Shredded Lettuce
Seasoned Corn
Black Beans
 Fresh Pear



23
 Oven Roasted BBQ Chicken
WG Dinner Roll
 Homemade Coleslaw
 Green Pepper Strips
Applesauce




24
Schools Closed

27
**Memorial Day
Schools Closed**

28
 Homemade Baked Ziti
 Roasted Broccoli
 Baby Carrots
 Orange Wedges

29
WG Mozzarella Sticks
Marinara Sauce
 Baby Carrots
 Roasted Cauliflower
 Grapes

30
General Tso Chicken
WG Rice
 Steamed Broccoli
 Grape Tomatoes
Strawberry Cup

31
Pizza Crunchers
 Cherry Tomatoes
 Cucumber Slices
 Fresh Apple

Daily Lunch Offerings:

Corner Crust Pizza: Cheese, Pepperoni & Specialty Pizza

Green Street Deli: Boar's Head Deli Meats, Assorted Cheeses, WG Rolls, Wraps & Breads

Yogurt: All Natural Yogurt with Granola & Fruit or Homemade Smoothies

Grill: Regular and Spicy Chicken Patty Sandwiches, Hamburgers & Cheeseburgers, Chicken Tenders

Grab N Go: Assorted Boars Head Deli Sandwiches, Cheese Sandwiches, Sun Nut Butter & Jelly Sandwiches and Egg Chef Salad or Caesar Salad with WG Dinner Roll,

Bagel with String Cheese and Cream Cheese or Butter

Fresh Fruit and 100% Fruit Juice

Milk: 1% White, Fat Free White, Fat Free Chocolate (All Antibiotic and Hormone Free)