

May 2024



Uniondale Pre-K School Lunch

Lucky Tray Day

Be a winner when
you find a Sticker
on your tray

Meal Price:
No Charge

Adult Meal:
\$5.50+tax


 Indicates Fresh Produce
 Indicates Items
Prepared from Scratch or
Speed Scratch

1 Brunch for Lunch
WG French Toast Sticks
w/Syrup, Turkey Sausage
and String Cheese




 Grape Tomatoes
 Green Pepper Strips
 Apple Slices

2 Lucky Tray Day

WG Chicken Patty
Sandwich on a WG Bun
 Celery Sticks
Baked French "Fries"
Applesauce

3  Homemade WG
Pizzeria Style Pizza
or
 Pizzeria Style Pizza
with Pepperoni
 Steamed Broccoli
 Chickpea Salad
 Orange Wedges

6
Baked Mozzarella Sticks
with Marinara Sauce

 Grape Tomatoes
 Green Pepper Strips
 Orange Wedges


7 Nachos
Beef Taco Meat with
Baked Tortilla Chips,
Cheddar Cheese and
Salsa



Seasoned Corn
Black Beans
 Apple Slices



8 Lucky Tray Day
Hot Dog on a WG
Bun

Sweet Potato "Fries"
Vegetarian Beans
 Fresh Grapes

9
WG Chicken Tenders
w/ BBQ Sauce or
Honey Mustard
WG Dinner Roll

Steamed Broccoli
 Celery Sticks
 Fresh Pear


10  Homemade WG Pizza
or
 Homemade WG Pizza with
Meatballs




 Baby Carrots
 Cucumber Slices
 Fresh Apple

13 Lucky Tray Day




All Beef Hamburger on a WG
Bun
or
All Beef Cheeseburger on a WG
Bun

 Green Pepper Strips
 Baked French "Fries"
 Orange Wedges


14  WG Pasta with Meat Sauce



 Baby Carrots
 Chickpea Salad
 Fresh Apple

15 Brunch For Lunch
WG Dutch Waffle w/Syrup
Turkey Sausage
String Cheese

 Grape Tomatoes
 Cucumber Slices
 Cantaloupe Cubes

16
WG Popcorn Chicken w/
BBQ Sauce or Honey
Mustard
WG Dinner Roll

 Cucumber Slices
Mashed Potatoes
Applesauce

17  Homemade WG Pizzeria Style
Pizza
or
 Pizzeria Style Pizza with
Pepperoni




 Celery Sticks
Steamed Broccoli
 Fresh Apple

20
Twin Tacos
Beef Taco Meat with Taco
Shells, Cheddar Cheese and
Salsa



Seasoned Corn
Black Beans
 Apple Slices

21
**No Classes
for
Elementary
Students**

22 Lucky Tray Day
WG Pizza Crunchers

 Grape Tomatoes
 Green Pepper Strips
 Watermelon

23
WG Chicken Nuggets
w/ BBQ Sauce or Honey
Mustard
WG Dinner Roll

Sweet Potato "Fries"
 Cucumber Slices
 Orange Wedges



24
**School
Closed**

27
Memorial Day
School Closed


28 Lucky Tray Day

 Cheese Quesadilla with
Salsa
 Red Pepper Strips
Black Beans
 Apple Slices

29
Cheesy Stuffed WG
Breadsticks with Marinara
Sauce

 Grape Tomatoes
 Green Pepper Strips
Strawberry Cups

30
WG Chicken Tenders w/
BBQ Sauce or Honey
Mustard
WG Dinner Roll

 Celery Sticks
Baked French "Fries"
 Orange Wedges



31  Homemade WG Pizza
or
 Homemade WG Pizza with
Meatballs
 Baby Carrots
 Cucumber Slices
 Fresh Pear

All Lunches are Served with all 5 Components:

Milk
Vegetable
Fruit
Grain/Bread
Meat/Meat Alternative

DAILY LUNCH OFFERINGS

-Grab n Go Sandwiches: Boar's Head Turkey or Ham with/without Cheese, American Cheese Sandwich, Sunflower Seed Butter & Jelly; all on Whole Grain Bread

-Grab n Go Salad:  Diced Chicken Caesar Salad served with WG Dinner Roll
 Egg Chef Salad served with WG Dinner Roll

-Bagel Lunch: WG Bagel with String Cheese and Cream Cheese or Butter
-Yogurt with String Cheese and WG Roll

-Yogurt Parfait all-Natural Yogurt with Granola, Fruit, String Cheese and WG Roll

100% Fruit Juice Offered Daily

All Meals Served with Vegetables of the Day and Fruit